

Level 1 Award in Coaching - Volleyball

Course	Day	Date	Time
One	Saturday	19 May 2012	0900-1700
	Sunday	20 May 2012	0900-1700
	Sunday	03 June 2012	0900-1700

COURSES NOW AVAILABLE TO APPLY [ONLINE](#)

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THIS COURSE IS AVAILABLE TO EVERYONE AT THE STUDENT RATE OF £190

Course Fee

Leeds Met Student/Staff: £190
External Customers: £200

Minimum Age

16

Course Aims

To provide an introduction to the principles and practices of coaching safe and ethical volleyball activities to adults and young people. The qualification will help you to understand how to deliver aspects of coaching sessions, normally under direct supervision of more qualified coaches. On successful completion of this qualification, you are eligible to seek employment in appropriate Volleyball **Assistant** coaching roles.

Course Content

- Establishing working relationships with the participants and others
- Establishing a safe working environment
- Preparing for activities, taking into account participants' needs and motives
- Delivering prepared activities
- Concluding and reviewing activities

Course Exam/Certificate

You must, in order to gain a certificate:

- Attend all course hours
- Successfully complete the theory and practical exam

Course Duration: 22 Hours

Course Venue: Carnegie Sports Centre, Headingley Campus, Leeds, LS6 3QQ

1st4sport Qualifications

the awarding body for active learning and leisure