

Volley Sport

Course	Day	Date	Time
One	Saturday	17 March 2012	0930-1330

COURSES NOW AVAILABLE TO APPLY [ONLINE](#)

Course Fee

£45

Minimum Age

16

Course Description

This course is designed for teachers with little or no experience of volleyball working at Key Stage 1 and 2 or coaches working with groups starting volleyball for the first time. The course aims to introduce candidates to the fundamentals of movement and sending/receiving skills through the development of basic tactical concepts for attacking and defending. Modified games of 1 v 1 and 2 v 2 are explored using a set of specially designed activity cards. With a strong emphasis on teaching methodology, creative approaches to improving leadership skills through communication, use of rules, equipment and group/session organisation are explored.

Course Outcomes

- By the end of this course candidates should be able to:
- Choose appropriate practices, games and equipment in order to introduce and develop
- the basic tactical concepts of attack, defence and co-operation with a team mate.
- Introduce key movement skill concepts, identify common errors and formulate corrective
- practices.
- Describe and use different styles of delivery and group organisation.
- Identify changes to the game for the purpose of progression, inclusion and differentiation.
- Understand, apply and adapt basic rules and refereeing for VolleySport.

Course Exam/Certificate

You must, in order to gain a certificate:

- Attend all course hours

Course Duration: 4 Hours**Course Venue:** Carnegie Sports Centre, Headingley Campus, Leeds, LS6 3QQ