

# sports coach UK workshop: Safeguarding and Protecting Children

Day	Date	Time
Wednesday	28 September 2011	1800-2100
Tuesday	18 October 2011	1800-2100
Wednesday	23 November 2011	1800-2100
Wednesday	14 December 2011	1800-2100

## Minimum Age

16 Years. Please note that candidates between the ages of 16-18 MUST be chaperoned by an appropriate adult to be able to attend this workshop.

## Who is it for/Course Pre-requisites

No previous knowledge required. For all coaches who work with children.

## Course Aims

To help protect yourself, the young people you are coaching and your employer by understanding and following good coaching practice. Learn about child abuse and how to handle situations if you have concerns.

## Course Content

- identify good coaching practice to promote a positive relationship with children
- identify sport situations and coaching practice that might constitute either poor practice or possible abuse
- recognise the signs and symptoms of abuse and appreciate why reporting it is often so difficult
- identify appropriate action if a child discloses he/she has been abused
- identify appropriate action if abuse is suspected and explain the role and responsibilities of other experts (e.g. police, social services)
- describe appropriate practice that reduces the likelihood of abuse occurring.

## Course Exam/Certificate?

You must, in order to gain a certificate:

- Attend all course hours

## Course Duration

3 hours

## Course Venue

Carnegie Sports Centre, Headingley Campus, Leeds, LS6 3QQ

CPD PACKAGE – SPECIAL OFFER - **£80.00**

# Leeds Met/ HSE – Emergency First Aid at Work

## Course Dates

Please see our current course calendar (available at [www.leedsmet.ac.uk/sport](http://www.leedsmet.ac.uk/sport))

## Minimum Age

16

## Who is it for?

The Emergency First Aid at Work qualification is a competency based course, designed to train individuals in both theoretical and practical aspects of First Aid in low risk environments, such as offices, shops and libraries

## Course Content

On completion of training, successful candidates should be able to:

- understand the role of a first aider including reference to:
  - the importance of preventing cross infection;
  - the need for recording incidents and actions;
  - use of available equipment;
- assess the situation and circumstances in order to act safely, promptly and effectively in an emergency;
- administer first aid to a casualty who is unconscious (including seizure);
- administer cardiopulmonary resuscitation;
- administer first aid to a casualty who is choking;
- administer first aid to a casualty who is wounded and bleeding;
- administer first aid to a casualty who is suffering from shock;
- provide appropriate first aid for minor injuries (including small cuts, grazes and bruises, minor burns and scalds, small splinters);

## Course Exam

You must, in order to gain a certificate:

- attend all course hours

You will be continuously assessed on your skills throughout the duration of the course

## Certificate:

An Emergency First Aid at Work certificate, which is valid for three years, will be awarded to all successful candidates.

## Course Duration

1 day

## Course Venue

Normally held at Carnegie Stand, Headingley Carnegie Stadium, St Michael's Lane, Headingley, Leeds, LS6 3BR.

## IMPORTANT NOTE

The HSE now recommends that first aiders undertake annual refresher training.

Please refer to the [First Aid – Basic Skills Update/ Annual Refresher](#) qualification for further details.

**To apply, please contact Carnegie Coach Education for an Application Form:**

**Carnegie Coach Education  
Leeds Metropolitan University**

**Carnegie Annexe  
Headingley Campus  
Leeds, LS6 3QQ**

**Email: [coacheducation@leedsmet.ac.uk](mailto:coacheducation@leedsmet.ac.uk)**

**Web: [www.leedsmet.ac.uk/sport](http://www.leedsmet.ac.uk/sport)**

**Cheques must be made payable to LEEDS METROPOLITAN UNIVERSITY**

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