

# sports coach UK workshop: Safeguarding and Protecting Children

Day	Date	Time
Wednesday	28 September 2011	1800-2100
Tuesday	18 October 2011	1800-2100
Wednesday	23 November 2011	1800-2100
Wednesday	14 December 2011	1800-2100

## Minimum Age

16 Years. Please note that candidates between the ages of 16-18 MUST be chaperoned by an appropriate adult to be able to attend this workshop.

## Who is it for/Course Pre-requisites

No previous knowledge required. For all coaches who work with children.

## Course Aims

To help protect yourself, the young people you are coaching and your employer by understanding and following good coaching practice. Learn about child abuse and how to handle situations if you have concerns.

## Course Content

- identify good coaching practice to promote a positive relationship with children
- identify sport situations and coaching practice that might constitute either poor practice or possible abuse
- recognise the signs and symptoms of abuse and appreciate why reporting it is often so difficult
- identify appropriate action if a child discloses he/she has been abused
- identify appropriate action if abuse is suspected and explain the role and responsibilities of other experts (e.g. police, social services)
- describe appropriate practice that reduces the likelihood of abuse occurring.

## Course Exam/Certificate?

You must, in order to gain a certificate:

- Attend all course hours

## Course Duration

3 hours

## Course Venue

Carnegie Sports Centre, Headingley Campus, Leeds, LS6 3QQ

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# Leeds Met - Basic First Aid Skills

## Course Dates

Please see our current course calendar (available at [www.leedsmet.ac.uk/sport](http://www.leedsmet.ac.uk/sport))

## Minimum Age

16 Years

## Who is it for?

The First Aid – Basic Skills Update/ Annual Refresher is for those wishing to update their skills within any 3 year period of completing the First Aid at Work or Emergency First Aid at Work qualifications.

The HSE now recommends that first aiders undertake annual refresher training.

The First Aid – Basic Skills Update/ Annual Refresher also acts as a first level qualification for those wishing to gain basic knowledge of what to do in an emergency.

This qualification may be suitable for those wishing to gain a basic First Aid qualification (3 hours) as a pre-requisite for various National Governing Body coach education qualifications.

## Course Content

Candidates should demonstrate their competence to:

- assess the situation in an emergency
- administer first aid to a casualty who is unconscious (including seizure)
- administer cardiopulmonary resuscitation
- administer first aid to a casualty who is wounded and bleeding
- administer first aid to a casualty who is suffering from shock

## Course Exam

You must, in order to gain a certificate:

- attend all course hours

You will be continuously assessed on your skills throughout the duration of the course

## Certificate:

A Basic First Aid Skills certificate, which is valid for three years, will be awarded to all successful candidates.

## Course Duration

3 hours

## Course Venue

Normally held at Carnegie Stand, Headingley Carnegie Stadium, St Michael's Lane, Headingley, Leeds, LS6 3BR.

**To apply, please download the Carnegie Coach Education Application Form from our website and send with full payment to:**

**Carnegie Coach Education  
Leeds Metropolitan University  
Carnegie Annexe  
Headingley Campus  
Leeds, LS6 3QQ  
Email: [coacheducation@leedsmet.ac.uk](mailto:coacheducation@leedsmet.ac.uk)  
Web: [www.leedsmet.ac.uk/sport](http://www.leedsmet.ac.uk/sport)**

**Cheques must be made payable to LEEDS METROPOLITAN UNIVERSITY**

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