



carnegie
coach education

Level 2 Certificate in Coaching (Basketball)

Day	Date	Time
Saturday	12 May 2012	0900-1700
Sunday	13 May 2012	0900-1700
Saturday	26 May 2012	0900-1700
Sunday	27 May 2012	0900-1700
Sunday	10 June 2012	0900-1700

COURSES NOW AVAILABLE TO APPLY [ONLINE](#)

Course Fee

Leeds Met Student/Staff: £250
External Candidates: £265

Minimum Age

18

Who is it for/Course Pre-requisites

- hold the 1st4sport Level 1 Certificate in Coaching Basketball or equivalent
- have evidence of having successfully attended the sports coach UK 'Safeguarding and Protecting Children' workshop or equivalent prior to certification
- have evidence of having successfully attended an appointed persons first-aid course or equivalent prior to certification

SPC & First Aid packages available at: www.leedsmet.ac.uk/sport

****Candidates enrolled on a Level 2 UKCC Basketball courses should download and complete the [Coaching Practice Requirements](#) and [Home Study Questions](#) before attending the first day of the course. . It is also recommended that you download read the [Health & Safety Guidelines for Basketball](#).**

These are available from www.englandbasketball.com in the Courses section.

This level of coaching qualification provides a prospective coach with a general overview of all aspects of basketball and sports coaching and enables the holder the ability to work independently to plan, deliver and review basketball coaching sessions without supervision to individuals, groups (male, female, adults or children) and people with particular needs. Examples of persons likely to be interested in gaining this qualification are: - Coaches making a regular commitment to one particular team; experienced players or sports students, Club coaches, including player-coaches, School teachers using the game to deliver parts of the National Curriculum in PE and/or coaching school teams in extra

1st4sport Qualifications
the awarding body for active learning and leisure



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curricula competitions; Level 1 Coach Award holders who wish to improve their knowledge of basketball, and Physical Training Instructors in H.M. Services.

The holder is covered by Basketball's insurance for working unsupervised provided they affiliate with their respective basketball Governing Body.

Course Aims

Prepare for, deliver and review coaching session(s).

Course Content

By successfully completing a Level 2 coaching qualification, as part of a UKCC endorsed coach education programme, coaches will be able to:

- plan a series of coaching sessions:
- prepare the coaching environment for the delivery of coaching sessions
- deliver a series of coaching sessions to develop participants' performance
- monitor and evaluate coaching sessions and personal practice:

Course Exam/Certificate?

Candidates will be required to demonstrate an understanding and application of coaching the following Basketball techniques in an appropriate environment, as outlined (for a coach at this level) in the Basketball Health and Safety Guidelines for Coaching. The assessment of the Practical Syllabus will be assessed by the course tutor on one 20 minutes coaching session providing a good demonstration of the basic skills of basketball. In addition a short written multiple choice/short answer paper will be conducted to assess candidates' knowledge and understanding. An independently assessed 20 minutes coaching session and completion of the candidate pack (log book)

Recommended Reading

- Basketball Health and Safety Guidelines for Coaching
- "Know the Game - Basketball" - Published by A & C Black
- The Basketball Code of Ethics and Conduct
- The Basketball Equal Opportunities and Equity Policy
- The Basketball Child Protection Policy

Course Duration

The course itself is 4 days attendance plus a 5th (practical assessment) day. There is also a minimal amount of pre-course work to do and you will need to practice at coaching sessions between days 2 and 3.

Course Venue

Carnegie Sports Centre, Headingley Campus, Leeds, LS6 3QQ