



carnegie
coach education

Level 1 Award in Teaching – Aquatics

Course	Day	Date	Time
	Wednesday	6 June 2012	1800-2000
	Monday	11 June 2012	0900-1800
	Tuesday	12 June 2012	0900-1800
	Wednesday	13 June 2012	0900-1800
	Thursday	14 June 2012	0900-1800 ** different venue
	Friday	15 June 2012	0900-1800

COURSES NOW AVAILABLE TO APPLY [ONLINE](#)

***** Please book early, as there is a late booking fee applicable by the IOS for learners that book on this course after 21 May 2012 *****

Course Fee

External Candidates: £390
Leeds Met Student/Staff: £370

Recommended reading please visit [IOS ONLINE](#) – and follow the links to “Recommended Reading” L1 Core Reading & L1 Teaching Aquatics.

Minimum Age

16

Who is it for/Course Pre-requisites?

The candidate must have an interest in developing the swimming skills of young people. This qualification is the pre-requisite to taking a course leading to the Level 2 Certificate in Teaching Aquatics.

Course Aims

This course leads to a vocational qualification designed to provide you with an introduction to the knowledge, skills and understanding of the safe and ethical principles for effective teaching practises in aquatics. As an aspiring teacher this qualification will equip you with the knowledge and tools to actively support a more senior qualified, experienced teacher of aquatics, at any level, in the delivery of a pre-prepared session.



carnegie
coach education

Course Content

The Level 1 course comprises 2 Units.

Unit 1

- 105 Planning coaching activities in swimming
- 106 Conducting coaching activities in swimming
- 107 Evaluating coaching in Swimming

Unit 2

- 101 Understanding FUNdamentals of coaching/teaching sport
- 102 Understanding the principles of planning coaching/teaching activities in sport
- 103 Understanding the principles of conducting coaching/teaching activities in sport
- 104 Understanding the principles of evaluating coaching/teaching activities in sport

For the full course syllabus for this particular qualification please see the British Swimming website www.britishswimming.org, Teachers & Coaching, Qualifications

Course Exam/Certificate

You must, in order to gain a certificate:

- Attend all course hours
- Successfully complete the theory and practical exam

Course Duration

42 hours

Course Venue

Carnegie Sports Centre, Headingley Campus, Leeds, LS6 3QQ and
**Aireborough Leisure Centre, The Green, Guiseley, Leeds, LS20 9BT