



carnegie
coach education

Level 1 Certificate in Coaching - Tennis

Course	Day	Date	Time
Two	Saturday	11 February 2012	1000-1700
	Sunday	12 February 2012	1000-1700
	Sunday	4 March 2012	1000-1700

COURSES NOW AVAILABLE TO APPLY [ONLINE](#)

Course Fee

External Candidates:	£190
Leeds Met Student/Staff:	£180

Minimum Age

16

Who is it for?/Course Pre-requisites

Candidates must:

- Be at least 16 years of age on the first day of the course.
- Have an active interest and involvement in tennis.
- A satisfactory Criminal Records Bureau Enhanced Disclosure obtained through the LTA (see below) **OR** a copy of the [Deployment without CRB](#) letter which must be signed by a member of the committee at your club. Please contact coacheducation@leedsmet.ac.uk if you require this form.

CRIMINAL RECORDS BUREAU (CRB) ENHANCED DISCLOSURE

Candidates should obtain a CRB application form by emailing their name and address to crb@LTA.org.uk. Alternatively you may contact your LTA county office. Please note: The Disclosure must be processed through the LTA and be less than 12 months old at the start of the course. Unfortunately, the LTA are unable to accept a Disclosure completed by another organisation, regardless of issue date.

****NB – You will require your CRB or [Deployment without CRB](#) letter for the mentored coaching****



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Course Aims/Content

The course is the starting point for people who want to get involved in tennis. It is aimed at people who are enthusiastic about tennis and want to help a coach deliver Mini Tennis. It is endorsed by the UKCC (United Kingdom Coaching Certificate) and successful candidates will receive a Level 1 Award in Coaching Tennis awarded by 1st4sport. The main objectives are to train candidates in how to assist an LTA licensed coach with groups of mini tennis players.

On successful completion of the Level 1 candidates should be able to:

- Motivate and inspire people to play tennis.
- Use effective verbal and non verbal communication skills.
- Organise tennis activity constructively and safely.
- Plan and deliver a structured lesson using LTA Level 1 coach resources.
- Have basic knowledge of tactics, techniques and rules of tennis.
- Have a full understanding of the structure of Mini Tennis.

Course Structure

The course is three days - 2 consecutive days followed by a 3-6 week break for practical experience and a final 1 day assessment. During the three to six week break, candidates will need to complete their portfolio of evidence and **complete a minimum of three hours coaching assistant experience with a licensed coach mentor.**

Candidates are required to have their coaching assistant experience organised before the course starts. For help with this please contact your course provider or your LTA county office - contact details can be found at www.LTA.org.uk/in-your-area

****NB – You will require your CRB or Deployment without CRB letter for the mentored coaching****

Course Exam/Certificate

The course is assessed in three areas:

1. On court practical coaching assessment using course materials
2. Portfolio of evidence

Candidates must attend all the sessions on the course at the same venue and pass all elements of assessment to be successful.

Course Duration

3 Days

Course Venue

Carnegie Sports Centre, Leeds Metropolitan University, Headingley Campus, Leeds, LS6 3QQ