

Level 1 Award in Coaching - Football

Course	Day	Date	Time
	Friday	9 March 2012	1800-2100
	Saturday	10 March 2012	0900-1800
	Sunday	11 March 2012	0900-1800
	Tuesday	13 March 2012	1800-2100
	Saturday	17 March 2012	0900-1800
	Monday	2 April 2012	1800-2100
	Tuesday	3 April 2012	0900-1800
	Wednesday	4 April 2012	0900-1800
	Thursday	5 April 2012	1800-2100
	Saturday	14 April 2012	0900-1800

THESE COURSES ARE NOW AVAILABLE TO BOOK ONLINE

Course Fee

External Candidates: £150
Leeds Met Student/Staff: £140

Minimum Age

16

Course Duration

32 hours

Who is it for?/Course Pre-requisites

****Candidates MUST hold a current First Aid qualification before the final day of the course.****

First Aid courses: www.leedsmet.ac.uk/sport/first_aid_courses.htm

You must also have an interest in developing the football skills of young people. 1st4sport and Carnegie Coach Education strongly recommend that candidates with limited experience of coaching attend this course prior to attending the Level 2 Certificate in Coaching Football.

Course Aims

To provide candidates with an introduction to the principles/practice of safe, ethical and effective management and coaching of a team of young football players between the ages of 7 and 16.



carnegie
coach education

Course Content

On successful completion of the Level 1 Certificate in Coaching Football, candidates should be able to:

- Demonstrate an ability to safely organise and supervise football activities, Including Mini Soccer, Small Sided and Conditioned Games
- Promote and establish working relationships and high standards of behaviour with players, coaches, parents and officials in the overall development of Association Football
- Demonstrate an understanding of related aspects of coaching children Football. Including: Coach and Player Development, Good Practice in Club Management and Coaching, Health and Safety, Football Club Administration, Working with Parents, Attitudes and Ethics, Basic Laws of the game of Association Football, Child Protection, Emergency Aid in Football
- Demonstrate an ability to identify and adapt football activities and sessions for a variety of different age groups
- Demonstrate an awareness of further personal development opportunities in Football including coaching, sports therapy, administration and officiating

Course Exam/Certificate

You must, in order to gain a certificate:

- Attend all course hours
- Successfully complete the theory and practical exam
- Hold a current First Aid qualification

Course Venue

Carnegie Sports Centre, Headingley Campus, Leeds, LS6 3QQ