



carnegie
coach education

Level 1 Certificate in Coaching (Cricket)

Course	Day	Date	Time
One	Friday	03 February 2012	1800-2000
	Saturday	04 February 2012	0900-1700
	Saturday	11 February 2012	0900-1700
	Saturday	18 February 2012	0900-1700

COURSES NOW AVAILABLE TO APPLY [ONLINE](#)

Course Fee

External Candidates:	£195
Leeds Met Student/Staff:	£185

Minimum Age

16

Who is it for/Course Pre-requisites

****Candidates MUST hold a current First Aid qualification and a Safeguarding and Protecting Children (SPC) qualification before the final day of the course.**

SPC & First Aid packages available at: www.leedsmet.ac.uk/sport

The UKCC 1 Coaching Assistant course will aim to set solid foundations whilst ensuring that beginner coaches are equipped to provide players with enjoyable experiences when they are playing cricket.

The course is aimed at beginner coaches who will be able to 'assist more qualified Coaches, delivering aspects of coaching sessions, normally under direct supervision.' This role may include running warm ups, cool downs, small sided games and small group work.



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Course Aims

The course will help coaches prepare for, deliver and review cricket coaching sessions.

It will enable them to:

- Introduce and develop the game of cricket to people of all ages in a safe and enjoyable way
- Develop and improve players (as people as well as cricketers)
- Develop coaching skills, knowledge and qualities
- Demonstrate competence against UKCC / National standards for coaches

Course Content

The programme consists of 4 x 3 hour modules and a final assessment and is outlined below:

Module 1 – Introduction to Cricket Coaching

Module 2 – Using games to promote learning

Module 3 – Developing technical skills using Group Coaching

Module 4 – Group Coaching

Course Exam/Certificate?

At the start of the assessment day, coaches are asked to complete a short Multiple Choice Questionnaire. Once this has been completed, coaches deliver a 15 minute coaching session to 6 – 8 peer group coaches followed by a debrief with an assessor where the coaching session and MCQ is discussed

Course Duration

21 hours

Course Venue

Carnegie Sports Centre, Headingley Campus, Leeds, LS6 3QQ