

## LEEDS METROPOLITAN UNIVERSITY

### LEARNING CONTRACT FOR COACHING

**LEVEL: MASTERS (20 POINTS)**

**PRICE: £560 (£28/point)**

The aim of this module is to provide you with the opportunity to use your practice of coaching skills as the source of analysis, reflection, research and action-taking. You will use the opportunity for coaching to set a contract of activities to be undertaken, complete the activities and reflect on the results achieved.

#### **The following outcomes are expected:**

##### **To understand, critically analyse, evaluate and explain**

- the value of coaching at work
- the relationship between theory and practice in coaching
- the effects of taking action to enhance effectiveness as a coach

##### **To be able to**

- reflexively analyse coaching opportunities and requirements at work
  - establish a contract of activities for researching, action-taking and learning about coaching
  - demonstrate a critical awareness of coaching ideas, approaches and outcomes achieved
  - synthesise data gathered and evaluate outcomes against criteria set .
  - present findings in an appropriate format appropriately referenced
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- ◆ You will establish an initial **Contract for Action** of your aims, objectives, activities and assessment criteria with the tutor.
  - ◆ As you complete activities, you should **reflectively and reflexively analyse** your practice by keeping written logs.
  - ◆ You will present your findings as a report for assessment, the indicative word length of the report is **4,500 words** (+/- 5%).

Further details for enrolment from Jeff Gold at [j.gold@leedsmet.ac.uk](mailto:j.gold@leedsmet.ac.uk)