

STUDY ABROAD

International exchange and study abroad opportunities at Leeds Met

Office for International Programmes
Leslie Silver International Faculty

Contact

Further information can be obtained from:

Office for International Programmes

Leslie Silver International Faculty
Macaulay Hall
Leeds Metropolitan University
Headingley Campus
Beckett Park
Leeds
LS6 3QS
Tel: +44 (0) 113 283 7440
Fax: +44 (0) 113 283 1776
Email: studyabroad@leedsmet.ac.uk



Welcome to International Student Exchange & Study Abroad at Leeds Metropolitan University

We are delighted that you are considering studying with us here in Leeds. We believe strongly in the value of overseas study, and in the value of having international students on campus at Leeds Metropolitan University.

If you come to Leeds Met, you will find a caring community with staff dedicated to making your time here rewarding and enjoyable.

Study Abroad provides a great opportunity to gain different perspectives on your subject and to experience different educational approaches. Of course, your experience is not all about study – visiting historical and cultural sites, meeting new people and exploring new ideas are among the many opportunities open to you.

The recreational and social facilities at Leeds Met are excellent. Leeds is an exciting and lively city, large enough to have many leisure activities, yet small enough to have everything within easy reach. The county of Yorkshire has a reputation for friendliness, and is located in the centre of the UK – making it easy to visit other cities in Britain and use direct air links to several European cities so weekends in Paris, Amsterdam or Barcelona for example are easy and relatively inexpensive.

We hope you decide to come here. If you do, you can be sure of a warm welcome and a rewarding time.

Contents

International Exchange & Study Abroad at Leeds Met – Your Choices	2
Choice of Study Abroad Programme – How good is your English?	2
Leeds Metropolitan University	3
The courses	4
Converting your grades and credits	5
Leeds and the area	5
Living and support	7
General advice and information	8
Making your application	9

International Exchange & Study Abroad at Leeds Met – Your Choices

Exchange or Study Abroad?

If you are studying at an institution which has a partnership agreement with Leeds Metropolitan University, you may be able to come here as an exchange student. This means that you pay no tuition fees to Leeds Metropolitan University, as one of our students takes a place at your institution while you are here.

If your institution does not have an exchange agreement, or there are not enough exchange places available, you can still come as a Study Abroad student. This means that you pay the international student Study Abroad fee to attend the course.

Length of stay

You can stay with us for one or two semesters – but if you are taking your course at Leeds Met as part of university

study at home, you must first check with your home institution that they will give you credit for the study you take here with us.

Semester One: September to January (recommended deadline for applications to reach us: 1st June)

Semester Two: January to May (recommended deadline for applications to reach us: 1st November)

Level of study

Normally, exchange and study abroad students study modules from our Level 2 year (remember, a British undergraduate degree only has three levels – so Level 2 may be equivalent to the year before the final year of your course at home). However, if you speak English as a foreign language, you may need to study at Level 1.

Choice of Study Abroad Programme – How good is your English?

Your English language ability	The best programme for you
English is your first language or Equivalent to IELTS 6.5 (Advanced level)	Study Abroad or International Exchange programme. You can select any of the subject modules listed in our Study Abroad catalogue, as long as you have studied relevant subjects in your home institution to a suitable level.
Between IELTS 5.5 and IELTS 6.5 (Higher Intermediate level)	English with Professional Studies programme. You study one English language module each semester, and select your other modules from those offered. Again, you should have studied relevant subjects in your home institution to a suitable level.
Between IELTS 5.0 and IELTS 5.5 (Good Intermediate level)	Level 1 of the English with Professional Studies programme. You study two English language modules each semester, and select your other modules from Level 1 subjects across the University.

For students whose English language ability is below IELTS 5.0, we also offer general English language courses, with flexible entry and exit dates (you do not have to stay for a full semester, for example, and can start in any month).

You may start on a general English course and then apply for a Study Abroad or English with Professional Studies course when your language ability is good enough.

English Courses Web Info:

<http://www.leedsmet.ac.uk/lisif/sol/english.htm>

IELTS Examinations Web Info:

<http://www.ielts.org/>

Leeds Metropolitan University

Campus Web Info:

<http://www.leedsmet.ac.uk/about/visiting/campusmaps.htm>

The university's origins go back over 100 years. Today, it is a modern university with over 41,000 students, including people from all over the world.

The university has two main campuses in Leeds – Headingley Campus, which is just five kilometres to the north of the city, and the Civic Quarter Campus in the city centre. Travel between the two campuses and residential areas is easy. We also have a large campus in the nearby town of Harrogate, which is mainly for pre-university study.

The University has hundreds of PCs available for use by our students. All students at Leeds Met benefit from free access to email and the internet. Facilities at the Leeds campuses include:

Headingley Campus

- Large learning centre with an 80 workstation self-access IT lab
- Open Access Centre for language learning support
- Venue for both national and international sports training

- Superb sporting facilities:
 - top quality playing fields (including all-weather pitches)
 - tennis centre – indoor and outdoor tennis courts
 - squash courts
 - swimming pool
 - climbing wall
 - multi-gym fitness room
 - athletic track
 - gymnastics centre
 - two multi-purpose sports halls (suitable for badminton, basketball, netball, volleyball etc.)

Civic Quarter Campus

- Extensive, modern learning centre with 24 hour access at peak times
- Audio-visual presentation studios with video-editing suite
- 'The Met' – largest live music venue in Leeds recently voted 'Best Student Live Entertainment Venue' by Live! Magazine
 - host to some of the hottest bands of the moment such as Coldplay, Ash, Feeder, Badly Drawn Boy, Travis, Moby and Stereophonics
- Art gallery and theatre

Where your course be will based

If you are studying English language modules, these will be at Headingley Campus. Your other subject modules will be studied either at Headingley Campus or at Civic Quarter Campus:

Headingley Campus:

Accounting and Finance
Business Strategy
Childhood and Community Computing
Economics and Human Resource Management
Education and Professional Development
Information Management
Languages

Law
Leisure and Sport Management
Sport, Exercise and Physical Education

Civic Quarter Campus:

Architecture, Landscape and Design
Built Environment
Contemporary Art and Graphic Design
Cultural Studies
Technology
Film, TV and Performing Arts
Health and Community Care
Health and Human Sciences
Social Sciences
Tourism, Hospitality and Events

The Courses

In each semester of study on our programme you will take **four modules**.

You will earn 15 UK credits for each module studied – it is your responsibility to confirm that these credits will be recognised by your own university.

Whatever your course, we recommend that you include one or both of the following modules:

If you are staying one semester: Cross Cultural Capability Studies

If you are staying two semesters: British Cultural Studies

These modules provide the opportunity for all our Study Abroad and exchange students to get together once a week to explore cultural issues and share experiences at the University. You will also have individual tutorials to check that you are settling in and keeping on top of your studies.

Leeds Met on-line Study Abroad and Exchange Catalogue – including listing of available modules:

<http://www.leedsmet.ac.uk/internat/docs/StudyAbroadInformationCatalogueModuleListings.pdf>

Study Abroad and exchange Programmes

If you speak English as a foreign language, you will need to have English language competence equivalent to IELTS 6.5 to take part in these programmes.

You build your own programme of study from the modules offered in your chosen subject area (details can be found in the module catalogue and on our web pages). Students in Britain tend to take modules from a single subject area, which can mean that classes are rather specialised. We would advise you against selecting a wider range of subjects because this may result in a heavy workload and a disjointed course.

English with Professional Studies

If you speak English as a foreign language, you will need an English language competence equivalent to IELTS 5.0 to take part in Level 1, or equivalent to at least IELTS 5.5 to take part in Level 2 of this programme.

You build your own programme of study, combining English language modules and other modules offered in your chosen subject area (details can be found in the module catalogue on our webpages). Because your language skills are not as strong as those required for a full programme of subject modules, a number of English language modules will be compulsory for you. The course leader will advise how many English language modules you will study when we have received your application.

You can select subjects to study from across the University. Some popular courses are:

- English with Business
- English with IT & Computing
- English with Tourism & Hospitality Management

English With Professional Studies Web Info:
<http://www.leedsmet.ac.uk/lisif/sol/eps.htm>

Converting Your Grades and Credits

These charts show approximate grade conversions for the USA and ECTS (European Credit Transfer System), and credit equivalences for a number of countries. These may be different for your own country or university, so please check with your own office for international exchange or study abroad if you need to convert the grades and credits you get in Leeds when you arrive home.

Sample Grade Conversion Chart

UK Degree Class	Descriptive	UK %	USA	ECTS
First	Excellent	70+	A	A
Upper Second	Above Average	60 – 69	A- or B+	A/B
Lower Second	Satisfactory	50 – 59	B or C	C/D
Third	Average	40 – 49	D	D/E
Fail	Unsatisfactory	35 – 39		F
Fail	Very poor	15 – 29		FX

Credit Equivalences

Each semester of full-time study equals 60 Leeds Metropolitan University credits, which are approximately equivalent to:

Australia	12 Credits
Canada	15 Credits
Europe	30 ECTS Credits
Norway	10 Vektall
USA	12 – 15 Credits
Japan	15 Credits

Leeds and the area

Location

Leeds is in the north of England and is at the centre of excellent national road and rail networks. Leeds rail station provides a fast, direct service to many cities, for example:

London	2¼ hours
Edinburgh	3 hours
Manchester	1 hour
Newcastle	1½ hours

Leeds/Bradford International Airport is just 8 miles/13 km north of the city centre, and Manchester Airport can be reached easily by road or direct rail-link in approximately one hour.

Transport Web Info:

Leeds/Bradford International Airport:
<http://www.lbia.co.uk/>

Manchester Airport:
<http://www.manchesterairport.co.uk/>

National Trains to Leeds:
<http://www.gner.co.uk/>

National Coach:
<http://www.nationalexpress.com/neh.cfm>

Regional Train:
<http://www.arrivatrainsnorthern.co.uk/>

Local Train & Bus:
<http://www.wymetro.com/>

Bus:
<http://www.firstgroup.com/ukbus/yorkhumber/leeds/home/>

Interactive UK Maps:
<http://www.multimap.com/>

Attractions

The city

- Voted top university city in a national student survey
- Major city of the region with a population of approximately 750,000
- Located in the beautiful and historic county of Yorkshire in north England
- Surrounded by beautiful countryside – the North Yorkshire Moors and the Yorkshire Dales are less than an hour away, the Lake District is only about 2 hours away
- Said to have more parkland than any other European city
- Lower cost of living than in many other cities in the UK
- Friendly, cosmopolitan city, with citizens from many nationalities and religions
- One of the UK's most important financial centres outside London

Arts and culture

- Range of theatres showing national and regional drama, ballet and opera productions
- Yorkshire Sculpture Park
- International film festival each year
- Leeds City Art Gallery attracts major exhibitions
- Henry Moore Institute
- Leeds Met also has its own gallery and studio theatre
- Royal Armouries Museum

Leeds City & Area Web Info:

BBC Leeds: <http://www.bbc.co.uk/leeds/>
City of Leeds: <http://www.leeds.gov.uk/>

Yorkshire Dales National Park:
<http://www.yorkshiredales.org.uk/>

North Yorkshire Moors National Park:
<http://moors.uk.net/>

Lake District National Park:
<http://www.lake-district.gov.uk/>

Tourist info on the UK generally:
<http://www.visitbritain.com/>

Bars, clubs and restaurants

Clubbing capital of the north, attracting clubbers from throughout the UK

- 'The Met' at Leeds Met is one of Leeds' major club venues and the largest live venue in the city. It is also home to some of the best club nights in Leeds
- Restaurants from around the world offering international cuisine at reasonable prices

Shopping:

- Leeds was recently rated one of the top five shopping locations in the UK
- Over 1,000 shops in the city centre, including Harvey Nichols, Vivienne Westwood and the largest Virgin music store outside London
- A large range of small, one-off 'boutiques'
- Great supermarkets for good value food

Sport:

Leeds is a regional centre for many sports with famous sporting venues, including:

- Headingley Stadium – cricket and rugby ground for local, national and international competitions
- The Leeds Met sports complex is a venue for regional gymnastics and tennis training, and runs a wide range of coaching courses. As a student, you can make use of the excellent sports facilities on campus
- Elland Road – home to Championship football club, Leeds United

Leeds Sports Web Info:

Leeds Met SU sports:
<http://www.lmusu.org.uk/DisplayPage.asp?pageid=287>

Leeds United Football Club:
<http://www.leedsunited.com/>

Leeds Rugby: <http://www.leedsrugby.com/>

Yorkshire Cricket:
<http://www.yorkshireccc.org.uk/>

Leeds sports:
<http://www.bbc.co.uk/leeds/sport/index.shtml>

Living and support

Your accommodation

You can choose from a range of accommodation:

- Homestay – living with local people on a half-board basis (they provide your breakfast and evening meals). This is a good choice if you speak English as a foreign language and want more chance to improve your conversation skills
- University halls of residence – your own room in a shared student flat (no meals provided). We have approximately 2,250 places available for full-time students
- Shared student houses in the private rented sector – your own room living in a house with other students (no meals provided)

Leeds Accommodation Web Info:

LeedsMet Accommodation:
<http://www.leedsmet.ac.uk/services/accom.htm>

UNIPOL student house renting:
<http://www.unipol.leeds.ac.uk/>

Leeds Hotels:
<http://www.leeds-hotelsonline.com/>

International Student Support and Welfare at Leeds Met

The University employs full-time international student welfare and guidance staff to offer you help and support on various issues, including:

- Immigration matters
- Visa extensions
- Work permits
- Academic/English language problems
- Health and personal difficulties

Student Services

If you need personal help, Student Services offer:

Careers advice
Chaplaincy
Childcare services
Counselling
Financial advice
Disability support
Job Shop

The Student Union also offers a free and confidential advice service for more general enquiries and problems.

Leeds Met Support Web Info:

Leeds Met Student Services:
<http://www.leedsmet.ac.uk/services/index.htm>

Leeds Met Student Union:
<http://www.lmusu.org.uk/>

General advice and information

If you are offered a Study Abroad or Exchange place at the University, you will receive more information about life as a student and about the preparations you will need to make before travelling to Leeds. Some of the important points to remember are:

Visas and other travel documents

The documents you need to enter the UK will depend on your country of residence and your nationality.

European Union/European Economic Area

Citizens of these countries are normally required to present a valid passport or identity card at the port of entry.

All other countries

Non EU/EEA citizens will need to show the immigration officer various documents including:

- University's offer letter
- Evidence of financial support for your stay in the UK

And, depending on your nationality and/or the length of your stay in the UK, you will also need one of the following:

- Student visa
- Short-term student visa (for courses lasting no more than 6 months)
- Entry clearance certificate
- Letter of consent

For details of the documents you require and how to obtain them, contact the British Embassy, High Commission or Consulate in your country as soon as possible.

Money

It is advisable that you, your family or your sponsors make arrangements for the transfer of money to the UK in good time before you arrive.

One way of doing this is to bring with you a bankers draft in sterling. This is preferable to a foreign currency draft which can take several weeks to clear.

Leeds has branches of all major UK banks and some overseas banks. Because it takes several days to open a bank account, you should also bring enough money with you in cash (£sterling) for your immediate needs.

IT IS NOT ADVISABLE TO BRING LARGE AMOUNTS OF CASH WITH YOU.

UK Cost of Living Web Info:

http://www.educationuk.org/pls/hot_bc/page_pls_user_advice?b=advice&d=costs

Insurance

Before you leave home, you should take out insurance to cover your travel, possessions and personal liability.

Health Care

All international students on courses lasting six months or more are entitled to health care under the National Health Service. This includes free medical consultations with a doctor and some free hospital treatment if required.

If your course lasts less than six months and your country does not have reciprocal health care arrangements with the UK, you must take out private medical insurance.

There is a health centre on each Leeds Met campus, staffed by qualified nurses. They deal with accidents and emergencies and will advise you on how to register with a local doctor.

Employment regulations

If you are a citizen of a country outside the EU/EEA, you are normally allowed to undertake part-time work up to 20 hours per week during term-time and vacations. However, you should ensure that you have sufficient funds to cover your expenses before coming to the UK.

Working in the UK Web Info:

<http://www.ukcosa.org.uk/images/workduri ng.pdf>

Living & Studying in the UK Web Info:

UKCOSA (advice sheets):
<http://www.ukcosa.org.uk/pages/advice.htm>

British Council UK:
<http://www.educationuk.org/>

British Council USA:
<http://www.britishcouncil-usa.org/learning/index.shtml>

Making your application

1. If you want to transfer credits back to your home university, check with them that this is possible
2. Check whether you will be able to come as:
 - an exchange student: you do not pay tuition fees
(this is only available where your institution has an exchange agreement with Leeds Metropolitan University, and places are still available)
 - a study abroad student: you pay the relevant Study Abroad fees
3. Calculate and then check that you have enough money to pay for your flights, accommodation, living costs, insurance and (if applicable) tuition fees
4. Check that you have time to apply - application time plus visa processing time (if applicable)
5. Select modules you are interested in for the semester(s) you want to study in Leeds
NB. We prefer modules in a single subject area as far as possible. This will also provide you with a better course.

6. Complete the application form and collect all the other documents you need to send with it.
7. Send us your application by post or fax - if you are being sponsored by your home institution or another third party, you will need to include official confirmation from them at the same time
8. If you are accepted, prepare for your visit:
 - Send your application for accommodation, and check that it has arrived and is being dealt with
 - Book your flights
 - Arrange insurance for your personal belongings, personal liability and private health insurance (if applicable)
 - Find out more about us:
 - read articles about Leeds and the UK
 - chat with students or family and friends who have been here before
 - search on the internet
 - read more generally about living and studying abroad
 - find out about culture shock

Leeds Met on-line Study Abroad and Exchange Catalogue - including application form:

<http://www.leedsmet.ac.uk/internat/docs/StudyAbroadInformationCatalogueModuleListings.pdf>