

First Graduation in Zambia

Leeds Met Health held its first graduation in Zambia on Friday 25 April, 2008 to celebrate the huge achievement of students studying on the BSc in Health Sciences and MSc in Public Health (Health Promotion & Environmental Health). The ceremony, shared with the University of Zambia, took place on the campus of Leeds Met partner Chainama College of Health Sciences.

This partnership is supported by funding from the Trust of Education and the Commonwealth Scholarships Commission. Rachael Dixey, Mary Green, Diane Lowcock and Zac Mwanje represented the course team, alongside the Dean of Health, Richard Hogston, and Student Union President Jodie Tumelty.

The Vice-Chancellor, Professor Simon Lee headed the ceremony and met with inspirational students who were eager and enthusiastic about continuing their Masters studies by combining learning and work as health care workers in isolated rural communities or as senior policy makers in the Zambian health ministry.



Tackling Health



Leeds Met Health and Leeds Carnegie teamed up with the Leeds Teaching Hospitals Trust to promote the Guinness Premiership's Tackled Pink Campaign in order to raise awareness of Breast Cancer. The pink-themed campaign aims to use the sporting environment to engage women and girls with their health, to take regular screenings, and provide information and advice.

This builds on the innovative and pioneering partnership between Leeds Met Health and Leeds Carnegie where regular programmes to promote men's health have taken place at world-class rugby matches at Headingley Carnegie Stadium. The drop-in 'MOT' clinics ran during half time and were in partnership with the Leeds Men's Health Network and local Primary Care Trusts. This initiative was led by Professor Alan White, the world's first professor of men's health. The Faculty also raised awareness of men's health during Men's Health Week, 9-15 June, 2008.

'Getting Sorted' Showcase Event



Liz Webster, winner of the prestigious Child Health Category Nursing Times Award 2007, invited representatives from NHS Yorkshire and Humber, Primary Care Trusts and Health Commissioners to experience the 'Getting Sorted' Self-care Project, at Old Broadcasting House. The project, which created a programme developed 'by young people for young people', was made up of

four workshops that tackled key self-care issues identified by young people. The event was led by four students, Steph Harrison, Amy Towler, Sarah Pickles and Lisa Allinson.

The project highlighted Liz Webster's research into supporting young people with long-term conditions and to establish a joined-up approach to pilot the 'Getting

Sorted' Self-care workshops. Guests invited to the pioneering event were given the opportunity to watch CragRats drama company acting out young people's experiences and get involved in workshops.

Two of the young facilitating students, Steph and Amy will be joining the Faculty of Health to study, demonstrating the Faculty's dedication to widening participation.

Health Meets Hollybank

Administrative staff at the Faculty of Health took part in an innovative volunteering activity painting murals at The Hollybank Trust in Mirfield. Twenty eight admin staff were inspired by the Staff Development Festival where they heard a presentation by one of the directors of the trust and felt they would like to get involved. The team volunteered to paint murals based around music and musicals, in particular Greece and High School Musical. The Hollybank Trust delivers education and life-long care for children and adults who have complex disabilities. It is hoped that the end result will brighten up the atmosphere for the young people who live there.

This innovative volunteering opportunity complements other activities that have taken place during the Festival of Partnerships.

This year's Faculty of Health Away Day is Monday 8th September.



National Science Week



A wide variety of activities took place during National Science Week with local primary school children. Mini-lectures on

microbiology, nutrition and nursing were delivered to over 100 Year 5 and 6 pupils from Leeds schools, working with the

University's 'kids@uni' initiative. Over 60 Year 5 pupils from two Leeds primary schools came to the University for a morning of interactive sessions in nutrition, physiology, physiotherapy and psychology.

The Year 5 children took part in a nutrition session which involved discussion around 'Eat Well Plate' and the need for a varied and balanced diet to promote health, well-being and growth. The children identified with ease the different food groups and the importance of a balanced diet, whilst recognising the nutrients that their favourite foods could provide. The pupils thoroughly enjoyed themselves especially their fruit kebabs, as did the level 1 postgraduate dietetic students who helped as one commented "this is brilliant, it was such a great session and the kids were amazing". The pupils and the teachers enjoyed their taste of university and learnt something that may inspire them to change something they do with regard to their diet for the better.

Positive Action Traineeship: The Celebration of Speech and Language Therapy

Alison Ross and Jennifer Landells contributed to the celebration of the success of the Speech and Language Therapy Positive Action Traineeship (SALTPAT), held at the Sure Start Barkerend Children's Centre, Bradford. This continues the partnership of Speech and Language Therapists in Bradford and Sure Start to develop a resource of language therapists to work with under represented groups. Education and training was provided by Bradford College, Speech and Language Therapy and BSc (Hons) Clinical Language Sciences at Leeds Metropolitan University, the NHS, and Sure Start Speech and Language Therapy.

This partnership enabled three people from South Asian backgrounds, Monjur Ahmed, Sonia Nazirin and Yasmin Akhtar, to undertake the Speech and Language Therapy degree course. While on the course the three students were employed as Speech and Language Therapy Assistants making a valuable contribution to communities in Bradford. Two of the students are working in Bradford: Monjur



is a Bilingual Clinical Support Assistant for Speech and Language Therapy; Sonia is a Bilingual Speech and Language Therapist; and Yasmin is seeking employment following the birth of her baby, the second while studying. The achievements of these individuals will make a real difference in meeting the needs of people with communication disorders.

Occupations in Leeds: Student Photography Showcase



A photography exhibition showcasing occupational therapy students' work was recently hosted by Leeds Met Health. First year students on the MSc Occupational Therapy (pre-registration) course completed the project as part of the module Humans as Occupational Beings. Students decided to focus their photography project on the occupations which take place in and around Leeds and reflected on how we spend our days and our lives.

The showcase was combined with a celebration to mark the successful publication of the cross-faculty book Lifestyle Management in Health and Social Care, co-edited by Miranda Thew of Leeds Met Health and Jim McKenna of Leeds Met Carnegie. This prestigious event was presented by Pro Vice-Chancellor Professor Sally Brown who cut a celebratory cake to mark the occasion.

Publications

Branney, P. (2008) Subjectivity, not personality: combining discourse analysis and psychoanalysis. To be published in the second issue of Blackwell's *Social and Personality Compass*. Available online in the, *OnlineEarly Articles* section of the journal.

Chen, C.C. Tabasam, G. Johnson, M.I. (2008) Does the pulse frequency of Transcutaneous Electrical Nerve Stimulation (TENS) influence hypoalgesia? *A systematic review of studies using experimental pain and healthy human participants Physiotherapy* 94(1): 11-20.

Frost, N. (2008) Being a social worker in an integrated world: social work, values and identity. *CareKnowledge* Special Report 1, January 2008. careknowledge.com

Punt, T.D. (2007) Steering a Central Path? Navigation and neglect, *Neurocase*, 13, 4, 291.

Warwick-Booth, L. (2007) Being Involved in Community Based Research. Lessons from the Objective 1 South Yorkshire Context. The *Journal of Community Work and Development*, Issue 9, pp 67-85

Warwick-Booth, L. (2008) Locally Directed Policy and the Fostering of Social Capital Within Regeneration: The Case of Objective 1 South Yorkshire. *Social Policy and Society* 7 (1) pp.53-63

Warwick-Booth, L. (2008) Locally Directed Policy and the Fostering of Social Capital Within Regeneration: The Case of Objective 1 South Yorkshire. *Social Policy and Society* 7 (1) pp.53-63

Woodall, J. (2007) Exercise referral and offender management in relation to mental health: an example from HMP Everthorpe. *The Journal of Mental Health Training, Education and Practice*. 2 (3), 23-24 *Critical Public Health* and *Critical Social Policy*:

Potts, L. Dixey, R. and Nettleton S. (2007) Bridging differential understanding of environmental risk of breast cancer: why so hard? in *Critical Public Health*, 17 (4), 337-350

Potts, L. Dixey, R. Nettleton, S. (2007) Precautionary tales: Exploring the obstacles to debating the primary prevention of breast cancer, *Critical Social Policy* 28(2), 115-135.



Health's Centre for Pain Research were selected to showcase their achievements at this year's prestigious Royal Society Summer Science Exhibition in London. Visit www.leedsmet.ac.uk/health/painresearch.

Forthcoming Events

For forthcoming Leeds Met Health events visit www.leedsmet.ac.uk/health/events

New starters

Gurm Bacchus, Associate Senior Lecturer in Health Sciences.

Lewis Gomez, Research Assistant in Health Promotion.

Helena Martyn, Marketing and Events Officer.

Angela Meah, Research Fellow in Health Promotion.

Jay Richardson, Marketing and Events Assistant.

Judith White, Associate Senior Lecturer in Health Promotion.

Victoria Wright, Chief Operating Officer

Health Met Lord Darzi

Health rubbing shoulders with champions. Health Minister, Lord Professor Sir Ara Darzi; Chief Executive of NHS Yorkshire and Humber, Margaret Edwards; and Professor Chris Welsh, Clinical Lead for the Yorkshire and Humber Review, presented a summary of the Next Stage Review, which identifies significant improvements to be made to the NHS in the region. An audience of trainee nurses, doctors and health professionals 'the NHS workforce of tomorrow' attended this prestigious event at the Old Broadcasting House. Visit www.leedsmet.ac.uk/health/features/darzi



Conference Presentations

Adams, M. (12 February 2008) 'Improving the life chances of disabled people: the role of higher education'. The Faculty hosted a meeting of the Yorkshire and the Humber Opening Doors to Health Professional Education Network.

Briggs, T. (21 February 2008) Spoke at the South Cumbria Occupational Health and Safety Group Symposium.

Charlesworth, G. & Wren, J. Two recent MSc Occupational Therapy (Pre-registration) students had abstracts, based on their MSc research, accepted for the 8th European Congress of Occupational Therapy being held in Hamburg in May.

Cronin-Davis, J. (26 February 2008) Presented two posters: one related to Criminogenic occupations and the other about skills, knowledge and attitudes required to work with mentally disordered offender diagnosed with personality disorder. Presented at the 2nd Annual Northern Forensic Conference-Newcastle.

Frost, N. (17 January 2008) Keynote address: 'Care Matters: implications for care leavers'. Organised by Leeds Children's and Young People's Social Care for young people leaving care and

professionals working with them. Gandhi Hall, Headingley Campus, Leeds Metropolitan University.

Frost, N. (18 January 2008) Keynote address: 'Family Support: Policy and Practice' at the 'Family Support and Parenting: What's happening in Leeds'. The conference was held in Civic Quarter and was co-organised by Leeds Children's Fund, Leeds Metropolitan University and Leeds Director of Children's Services Unit.

Frost, N. (23 January 2008) Gave an invited seminar entitled 'Care Matters: implications for policy and practice' at Headingley Carnegie Stadium, Leeds.

Frost, N. (5 February 2008) 'The courts, care proceedings and contact: lessons from research'. An invited seminar for social workers and children's guardians held at Leeds Magistrates Court.

Frost, N. (25 February 2008) 'The Children's Plan, 2007: issues and challenges for leaders'. Keynote address to the Children Leeds Leadership Team held at Leeds Town Hall.

Frost, N. & Agu, L. (4 March 2008) Presentation on Social Work Training at

Leeds Met, to outline Nick's current research activities, to the managers from 'Leeds Children and Young People's Social Care'. Town Hall, Leeds.

Llewellyn, A. (8 January, 2008) Workshop about the unintended consequences of caring and the impact on older people's dignity at the Safeguarding Dignity and Choice Conference, organised by Leeds City Council.

Sahota, P. (24 January, 2008) Presented at the NUS national conference at Leeds University on the Healthy Eating Agenda targeted at all NUS catering, procurement and retailers.

South, J and Kime, N. (22 January 2008) Workshop: 'Leeds Childhood Obesity Strategy - evaluation framework and training', held at Leeds Metropolitan University.

White, A. (4 February 2008) Opening address at the 'Engaging Men in Healthcare' conference organised by the MHRA in Birmingham on the 4th February.

White, A. (21 February 2008) 'Men's use of primary care services: What we already know', Department of Health organised by the Director of Primary Care Services



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Weekly E-News

To facilitate communication across the faculty and beyond, we now produce a weekly e-news bulletin, this can be viewed at www.leedsmet.ac.uk/health/news.

Newsletter Enquiries

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